

**Standard No.CEA/Mobile Clinic with
Procedures in Local/ Regional
Anaesthesia- 016**

Clinical Establishment Act Standard for Mobile Clinic with Procedures in Local / Regional Anesthesia

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Introduction

In 2010 Clinical Establishments (Registration and Regulation) Act, 2010 has been enacted by the Central Government to provide for registration and regulation of all clinical establishments in the country with a view to prescribe the minimum standards of facilities and services provided by them.

The Ministry has notified the “National Council for Clinical Establishments” and ‘The Clinical Establishments (Central Government) Rules, 2012” under this Act vide Gazette. *This Act is applicable to all kinds of clinical establishments from the public and private sectors, of all recognized systems of medicine including single doctor clinics. The only exception will be establishments run by the Armed forces.*

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MOBILE CLINIC – With Consultation and Dispensary

1. Definition

The Mobile Clinic may be defined as a facility specially fabricated on a vehicle providing examination, consultation, prescription to outpatients including dispensing of medicines, basic laboratory services, vaccination facilities and procedures by a general practitioner/ specialist /super-specialist doctor to those in remote / specified areas who have access to little or no medical facilities.

A Mobile clinic is a facility providing general / basic examination, consultation, prescription to outpatients by a General Practitioner(s) / Specialist / Super-Specialist Doctor(s) in a mobile vehicle.

2. Scope

- 2.1 **Preventive:** Immunization, Antenatal and Postnatal Care.
- 2.2 **Diagnostic:** Minimum investigation facilities like Haemoglobin Test, Urine Examination for albumen, sugar and microscopic examination. Diseases like Leprosy, Tuberculosis, and locally endemic diseases to be detected and referred, ECG & Ultrasonography facilities also to be offered in the Mobile unit.
- 2.3 **Curative:** Treatment for minor Ailments and geriatric case etc. Appropriate referral of cases for medical specialists etc.
- 2.4 The Operation of Mobile Clinics is to render Primary Health Care services to those in remote / specified areas who have access to little or no medical facilities.
- 2.5 The mobile clinics will visit the identified service point to provide health services to the identified community/ area.
- 2.6 To deliver primary service in health education and health promotion.
- 2.7 To deliver health care services of rehabilitative nature.
- 2.8 The services offered may also include one or more than one speciality of allopathy medicine, AYUSH, Dental, Physiotherapy, wellness, etc. in the mobile clinic.
- 2.9 Health records for all patients will be maintained to monitor the program and to facilitate follow-up treatments.

- 2.10 Few minor procedures like dressing and administering injections etc may be provided in the clinic however not requiring observation/short stay.

3. Infrastructure

- 3.1 The physical facility shall be developed and maintained to provide safe and secure environment for patients, their families, staff and visitors. It shall be situated in a place having clean surroundings and shall comply with local byelaws in force, if any from time to time.
- 3.2 The clinic should have a prominent board/signage displaying the name of the clinic in local language at the gate or on the building of the clinic.
- 3.3 The following other signage's shall be well displayed in the language understood by the local public in the area:
- a) Name of the doctors with registration number.
 - b) Services provided within the Facility

4. Human Resource

- 4.1 The general practitioner/ specialist doctor /super-specialist doctors as per the scope of the clinic/polyclinic shall be registered with State/Central Medical Council of India
- 4.2 The services provided by the medical professionals shall be in consonance with their qualification, training, registration.
- a) **Doctor:** Allopathic Doctor with minimum MBBS qualification.
 - b) **Pharmacist:** With at least Diploma in Pharmacy.
 - c) **Staff Nurse:** Qualified staff nurse with general nursing.
 - d) **Group D:** Male/Female
 - e) **Counsellor for HIV/AIDS counseling:** A nurse who will be given training for counselling and lab techniques.
 - f) **Driver:** With requisite licenses, registration
- 4.3 **Vehicle Requirements:**
- 4.3.1 High body with long chassis (13 seats)/ Long chassis with low body.

- 4.3.2 The vehicle should accommodate 6 persons with all needed equipment and materials.
- a) Oxygen Cylinder.
 - b) Drug Storage rack.
- 4.4 Equipments Storage Rack.
- 4.5 Space for Laboratory Equipments.
- 4.6 IV infusion facilities.
- 4.7 A licensed driver with uniform, he should be a non-alcoholic and should be available as & when required.
- 4.8 Vehicle should be kept clean and tidy and should have a name board on the vehicle.
- 4.9 Vehicle should be regularly serviced and maintained so as to avoid any break down.
- 4.10 In case of break down an alternative vehicle should be arranged for without compromising the services of Mobile Health Clinic.
- 4.11 Vehicle should be insured and coordinated. Under no circumstances uninsured vehicle shall be used.
- 4.12 The clinic/polyclinic shall have essential equipment's as per ANNEXURE I, and emergency equipment ANNEXURE II.
- 4.13 Other equipments as per the scope of service being practiced shall be available.
- 4.14 Adequate space for storage of equipment's and medicines shall be provided and if available medicines shall be stored as per manufacturer's guidelines. The equipment should be of adequate capacity to meet work load requirement.
- 4.15 All equipment should be in good working condition at all times. Periodic inspection, cleaning, maintenance of equipment should be done.

5. Furniture & Fixtures

5.1 The Mobile Health Clinic should have the furniture like

- a) Examination table
- b) Chairs
- c) Stools
- d) Table
- e) Furniture required for storage of drugs, equipments, chemicals etc.
- f) Dressing table and Stool.
- g) Waste collecting bins, as per Biomedical waste management specifications

6. Record Maintenance and reporting

6.1 Every Clinical Establishment shall maintain medical records of patients treated by it and health information and statistics in respect of national programmes and furnish the same to the district authorities in form of quarterly reports.

6.2 Copies of all records and statistics shall be kept with the clinical establishment concerned for at least 3 or 5 years or in accordance with any other relevant Act in force at the time under Section 12(1) (iii) of CEA 2010).

6.3 All clinical establishments shall be responsible for submission of information and statistics in time of emergency or disaster or epidemic situation or as required from time to time by National Council CEA 2010.

7. Basic processes

7.1 **Registration** : Every patient visiting the clinic shall be registered.

7.2 **Assessment**: Every patient shall undergo assessment, during the course of assessment, the patient findings, medications and investigations should be documented with working diagnosis, legibly in the assessment/OPD prescription with the signature of the consultant/ Specialist / super Specialist with date and time.

7.3 **First Aid**: Provision shall be made for providing First Aid. Contact details of ambulance hospital etc shall be available.

Annexure 1

Essential Equipments

S. No.	Name of the equipment
1	Stethoscope
2	Thermometer
3	Torch (flash lights)
4	Sphygmomanometer(B.P. Apparatus)
5	Weighing machine(Optional)
6	Autoclave
7	Stretcher Folding
8	Oxygen Cylinder with Accessories
9	Sterilizers 38 cm
10	Examination Table
11	Stool
12	Artery forceps
13	Needle Holder
14	Needles
15	Cutting Scissor
16	Dressing Scissor
17	Dressing Bin
18	BP Handle
19	BP Blades
20	Glues syringes with needles
21	Disposable syringes kidney tray
22	Ambu bags
23	Suction apparatus with accessories

Annexure- II

Drugs

S.No	Name Of Drugs
1	All Essential Emergency drugs
2	Antibiotics
3	Analgesics
4	Anti Helimenthics
5	Anti fungal drugs
6	Anti Hypertensive
7	Anti diabetic
8	Anti diarrheal
9	Sedatives
10	Anti snake venom
11	Vitamins and other supportive drugs
12	Eye drops
13	Ointments
14	Dressing materials
15	Anti coagulants
16	IV fluids

GLOSSARY

1. **General Physician:** M.B.B.S doctor who attend to the medical needs of individuals within a community.
2. **Ancillary area/Ancillary space:** The nonpublic areas or spaces of the stations usually used to house or contain operating, maintenance, or support equipment and functions.
3. **Support Staff:** The staff, who support the patient care services provided in a clinical establishment.
4. **First Aid:** First aid is a provision of initial care given to a victim of an injury or sudden illness.